

PROGRAMME

SUDBURY PERFORMANCE GROUP

— *Be a Part of the Art* —

ALANIS MORISSETTE'S

jagged

little

pill

THE MUSICAL

March 12-28, 2026

ERNIE CHECKERIS THEATRE
(Thorneloe University, top of Manitou Road),
935 Ramsey Lake Road, Sudbury



ALANIS MORISSETTE'S JAGGED LITTLE PILL: THE MUSICAL

Book by
Diablo Cody

Music by
Alanis Morissette and Glen Ballard

Based on Alanis Morissette's world-changing music, this Tony and Grammy Award-winning new musical about a perfectly imperfect American family is brimming with joy, strength, love, courage and life.

ALANIS MORISSETTE'S JAGGED LITTLE PILL: THE MUSICAL
is presented through special arrangement with Concord Theatricals.

Director – Mark Mannisto | **Stage Manager** – Nancy Beland

Choreographer – Lindsay Dainton | **Vocal Director** – Scott Mitchell

Assistant Stage Managers – Léane Martin-Koskela, Rowan, and June

Audio + Mic Technicians – Sean Perras, Amy Wilson, Elina Jillings

Set Design + Costumes + Props – Rosie Desjardins | **Lighting Technician** – Travis Desjardins

Front of House Manager – Faizan Khan | **Graphic Designers** – Tara Hawkes & Leo Duquette

Programme Headshots/Promotional Video Content – Leo Duquette

Promotional Video Editing – Mike Clarke | **Programme Editor** – Tanya Saari

House Band – Sarah Craig, Mike Clarke, Daniel Pisani, Ryan Paquette

A special thank you to all of our volunteers. We could not do this without our backstage and front of house crew! We appreciate your time and talents!

ANY VIDEO AND/OR AUDIO RECORDING OF THIS PRODUCTION IS STRICTLY PROHIBITED.



MEET THE TEAM



**MARK
DIRECTOR**



**NANCY
STAGE MANAGER**



**LINDSAY
CHOREOGRAPHER**



**SCOTT
VOCAL DIRECTOR**

MARK MANNISTO – DIRECTOR

When we first began the journey of bringing *Jagged Little Pill* to life at Sudbury Performance Group, I knew we were taking on something powerful, raw, and deeply relevant. This isn't just a musical—it's a mirror. It reflects family, identity, addiction, love, anger, healing, and the courage it takes to confront truth.

This show asks a lot of its performers—emotionally, vocally, and physically. And our cast has risen to the challenge with vulnerability, strength, and heart. Every rehearsal has been filled with moments that reminded me why community theatre matters. It gives us a safe place to tell bold stories. It gives artists a platform. And it gives audiences the chance to feel seen.

I want to extend my deepest gratitude to the incredible production team that helped make this vision a reality:

Nancy, our fearless Stage Manager, who kept this intricate production running with calm precision and heart.

Scott, our Vocal Director, who shaped these iconic songs into something authentic, powerful, and uniquely ours.

Lindsay, our Choreographer, who infused every movement with storytelling, energy, and purpose.

Travis, our Lighting Designer, whose work literally shines a spotlight on the emotional core of this show, and transforms the stage with every cue.

Rosie, who took on costumes, props, and set, creating a visual world that grounds this story in realism, while elevating its theatricality.

Without their dedication, talent, and countless unseen hours of work, this production simply wouldn't exist.

At SPG, we believe theatre is more than entertainment—it's community. It's an opportunity. It's a place where over 250 local performers have found artistic opportunities since our founding. It's a space where youth discover confidence and adults rediscover passion. It's Northern talent shining brightly on our stage.

But here's the truth: community theatre only survives if the community supports it. So tonight, I encourage you—buy that 50/50 ticket. Grab tickets to the next show. Make a donation, if you're able. Tell your friends. Share our posts. Bring someone new with you next time.

Because if we don't support local theatre... Poof—it's gone. And who wants that?

Thank you for being here. Thank you for believing in the arts. And thank you for helping Sudbury Performance Group continue to create meaningful, transformative theatre right here at home.

Yours in Theatre,
Mark Mannisto

NANCY BELAND – STAGE MANAGER

Nancy is thrilled to be part of the *Jagged Little Pill* crew. Watching this show evolve has been an incredible journey—one that proves “You Oughta Know” how proud she is of this cast and creative team. Being part of a project with this much heart has truly been a “Head Over Feet” experience. She sends heartfelt thanks to her family for giving her the space to chase this passion, and a big “Thank U” to the volunteers and audience for being A Part of the Art.

LINDSAY DAINTON – CHOREOGRAPHER/PHARMACIST

Lindsay has choreographed numerous productions with SPG, and *Jagged Little Pill* has proven to be her most challenging—and ultimately most rewarding—project to date.

Dance is, at its core, storytelling through movement and emotional interpretation. *Jagged Little Pill* spans an extraordinary range of emotions, from the highest

highs, to the most vulnerable lows, and bringing that complexity to the stage has been a powerful and deeply meaningful journey. Translating her artistic vision into performance required both precision and heart. Lindsay is profoundly grateful for the dedication and talent of her cast, who have not only met her expectations, but have exceeded them. Enjoy the show!

SCOTT MITCHELL – VOCAL DIRECTOR/STEVE

Scott is an educator and performer based in Sudbury, Ontario. He most recently served as Vocal Director for *Rock of Ages* and *Jagged Little Pill* with Sudbury Performance Group, and is appearing as Steve in *Jagged Little Pill*. Scott previously performed as Professor Plum in *Clue*, with Porchlight Productions. With a background in Junior/Intermediate education and instrumental music, he is committed to fostering inclusive, engaging, musical theatre experiences both on stage and in rehearsal.



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PRODUCTION OF
JAGGED LITTLE PILL!**

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ALWAYS ON THE MENU!**



ABBY PITRE – LILY

Abby is delighted to be a part of the *Jagged Little Pill* ensemble. Over the past year and a half, Abby has had the privilege of being a part of multiple SPG shows. Some recent roles include Snow White in *Once Upon a One More Time*, and an ensemble member in *Rock of Ages*. She also had an eventful summer, directing the SPG summer camp, and playing gigs with her friend, Satine. Abby is grateful for this opportunity to be involved in a show that touches on such important topics. She would like to say thank you to everyone who made this show possible! She hopes you enjoy the show!

ALYCIA PRUD'HOMME – DR. GARDNER/BARISTA

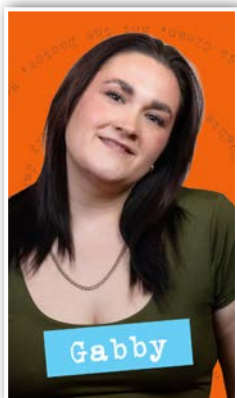
Alycia is incredibly excited to be back on stage with Sudbury Performance Group. Her most recent stage appearance was in SPG's *ABBA Gold: 30th Anniversary Concert*. She is looking forward to the opportunity to portray the role of Dr. Gardner, as well as round out the show as an ensemble member. As a wife and mother of young children, it can be difficult to give yourself the time to follow your passions, but it's never too late! This show is full of so much fun, relevance, and talent. Thank you to SPG for bringing this show to Sudbury; it is going to be one for the books!

ANGEL MANNISTO – JILL/TEACHER

Angel cannot find the words to express how excited she is to be part of such an amazing piece of art. JLP has been an experience that will definitely be a highlight. The chemistry and magic of the cast and crew, matched with the amazing arrangements of Alanis Morissette music, and a piece with such important messaging have all combined to make this experience a once-in-a-lifetime feeling. Angel feels very blessed to be a part of this production, as the competition was fierce! You may have seen Angel earlier this season as MarlaFaye in *The Southern Sipping Society*, and she is also excited in heading back to the South to be portraying Eleanor Bander next month in *Divorce, Southern Style*. Angel would like to give a huge thank you to all Sudbury Performance Group supporters for providing her the opportunity to "play". Thank you to Mark, Lindsay, Scott, and Nancy for offering this amazing opportunity, and to the cast for such a fun time. "We're taught to be ashamed of confusion, anger, fear and sadness, and to me they're of equal value to happiness, excitement, and inspiration." – Alanis Morissette.

CAITLIN DROHAN – BELLA

Caitlin has been happily planting her roots in the Sudbury theatre scene, rocking fishnets as Brad Majors in *The Rocky Horror Picture Show* shadow cast (Mooncrater Theatre), diving deep as Harper in *Angels in America* (Porchlight Theatre Company), and pouring drinks as a waitress in *Rock of Ages* (Sudbury Performance Group). Before Sudbury, she lit up Ottawa stages as the Sour Kangaroo in *Seussical*, appeared in *Cinderella*, and lent her powerhouse voice to Audrey II in *Little Shop of Horrors*, with New Star Theatre Company.



GABBY RAYMOND – JO

Gabby is very happy to be back on stage! A graduate of St Clair's College in Music Theatre, and former Macdonald Cartier student, they have been performing since childhood, and now have gotten to perform and be a part of productions across Ontario. This is their first production back in a while, but they are very happy to have the opportunity to share this story and music. Jo has a special place in their heart. Gabby sends their love, and hopes you enjoy the show!

JOEL PARKER – PHOENIX

Originally from Orillia, Joel moved to the Sudbury area recently, and is honored his first production with SPG is a deeply moving piece like JLP. He fell in love with the story and its messaging, and is excited to bring the story to life on the stage. He hopes it captivates you with its tough themes and killer music. On behalf of the cast and crew, he hopes you enjoy the show as much as they enjoy performing it!

KEAGEN DUROCHER – NICK

Keagen is fired up to take on Nick in *Jagged Little Pill*, a role that demands honesty and vulnerability. A Sudbury-based performer, Keagen had an educational time learning storytelling that digs into the messy parts of being human. Recent credits include Wadsworth in *Clue* and Vocal Director for *Once Upon a One More Time*. Huge love to this powerhouse cast and crew. Enjoy the show!

KYLE GAUDETTE – LANCER

Kyle is thrilled to be making their theatrical debut in *Jagged Little Pill* with Sudbury Performance Group. This marks their very first stage production—a milestone moment made even more meaningful by the community that surrounds it. A proud local Drag Queen, Kyle has spent the last two years captivating audiences with bold performances, sharp wit, and unapologetic authenticity. Through the transformative art of drag, he discovered not only the power of storytelling, but also the confidence to pursue their first love: theatre. Drag has been both a creative outlet and a catalyst—empowering him to step into the spotlight, embrace vulnerability, and fully inhabit the stage. He is deeply grateful for the opportunity to bring his passion to this production, and can't wait to share this powerful story with Sudbury audiences.



LIBBY MICHIE - PHOEBE

Libby is so excited to be a part of SPG's production of *Jagged Little Pill*. She is thrilled to be emotionally spiralling onstage to the iconic music of Alanis Morissette, instead of in her car like usual. When she's not belting out tunes, Libby spends her time reading, painting, and rewatching her favourite movies for the 100th time. Libby would like to give a shoutout to her talented friend Caitlin, who is doing an amazing job portraying the role of Bella. "So proud of you Caitfart!". She hopes you will enjoy the show!

NICOLE SYKES - DENISE/DR. GOODSON/ANGIE

Thrilled to be back on stage again, Nicole spent many years immersed in theatre and dance while growing up, before taking a 20-year hiatus. Returning to the stage last season rekindled a lifelong passion, and she is delighted to be performing again. A busy mom of three amazing teenage daughters, Nicole works in health care, and is grateful for the balance that theatre brings to her life. She especially loves the choreography in this show, and has fond memories of blasting Alanis Morissette's "Jagged Little Pill" when it was first released. She hopes you love the show as much as she loves being part of it!

RACHEL JANOSI - MJ

Rachel is absolutely pumped to be a part of *Jagged Little Pill*. She grew up in musical theater in Hamilton. She took an extended break from the stage, and within the last year, her love of music and theatre reintroduced itself to her life. Getting comfortable on the stage again has been challenging, but she's diving in headfirst, and what better way to start than with the iconic Alanis and this crew of absolutely brilliant drama diehards! Rachel would like to thank Sudbury Performance Group for giving her the opportunity to do what she loves with such a fantastic and supportive group of enthusiasts and Broadway buffs. She would also like to give a shoutout to Dan and her son, Patrick, for encouraging her to chase her dreams and reach new heights. You, you, you oughta know... this evening won't be subtle. We've got one hand in our pocket and the other one raising the curtain. Thank U for being here. Enjoy every beautifully ironic moment.

STEPHANIE FISHER - COURT

Stephanie is so excited to be a part of *Jagged Little Pill*. She had a great time playing the very kooky Belinda in SPG's *Once Upon a One More Time* this past December, but is excited to explore this far more serious production. Stephanie was also The Cook in Porchlight's *Clue*, and is a proud member of Sudbury's newest improv troupe Who are These People, Anyway? After not even two years of involvement in theatre, Stephanie is so happy to have found something she loves so dearly. Stephanie would like to thank her family for their generous support. Most especially, her husband, who is quite obviously a saint among men.



TARA HAWKES – CHARLIE/KELSEY

Tara wasn't allowed to buy the *Jagged Little Pill* album when it came out over 30 years ago, but that didn't stop her from listening to it on repeat at her friend's house! Mind you, she was 9! Even if she didn't fully understand the content back then, she knew these songs "hit" differently. They were powerful and poetic. When SPG announced JLP for this season, Tara knew it's exactly how she wanted to spend her milestone 40th birthday! She is exceptionally proud and grateful to have secured a spot in this stellar cast for this special show. Recent previous credits with SPG include *Rock of Ages* and *Jesus Christ Superstar*. Tara thanks the production team for their dedication and vision, our tech team Rosie, Travis, Sean, Amy, and Elina, Léane and Rowan, our rockstar ASM's, our front of house volunteers, and YOU the audience! Enjoy the show!

TYLER DOKIS – ANDREW

Tyler is an indigenous musician and actor from Dokis First Nation. His previous roles include Prior Walter in *Angels In America* (Porchlight Theatre Company), Drew Foley in *Rock of Ages* (Sudbury Performance Group), and Ezekiel Cheever in *The Crucible* (Porchlight). Tonight, he will be playing the role of Andrew Montgomery.

YANG YANG – DANNI

Yang Yang is incredibly excited and grateful to be making her stage debut with *Jagged Little Pill*—her first production with Sudbury Performance Group. While she has spent much of her time on stage as a dancer, performing in various showcases and dance productions, this is her first full stage play since moving to Sudbury, which makes it especially meaningful to her. This experience has been truly unforgettable. The support and kindness she's received during rehearsals has meant so much, and she deeply cherishes the time spent laughing, learning, and growing, alongside such a wonderful cast and team. Being part of this production has not only challenged her artistically, but also allowed her to reflect more deeply on the themes of family, identity, and resilience that this story explores. She is honoured to be part of such a powerful and thought-provoking show. She thanks the director and the entire team for their trust and encouragement, and thanks you, the audience, for sharing this journey with us.

ZIDAH MOZIDAT – FRANKIE

Akinola (Zidah) is thrilled to play Frankie in *Jagged Little Pill*. When she is not on stage stirring up drama (the fun kind!), she is a chef, content creator, and event host, who loves bringing people together through food, laughter, and good vibes. As the founder of Zidah's Treats, she is usually cooking up something delicious or creating entertaining content online. Performing is another way Zidah expresses her big personality, and she's grateful to be part of this incredible production.

MEET THE BAND



DANIEL PISANI - HARMONICA + GUITAR

Daniel returns to Sudbury Performance Group after appearing in 2025's *Rock of Ages*. A guitarist of 20 years, he is bravely attempting the harmonica for *Jagged Little Pill*. This time, the production calls for solid rhythm guitar over epic solos.

MICHAEL CLARKE - DRUMS

This is Mike's second production with Sudbury Performance Group, and he's thrilled to be behind the drum kit for *Jagged Little Pill*. A drummer for over 30 years, he brings decades of experience and a love of live performance to the stage. When he's not making noise behind a drum set, Mike has also worked as a magician, and enjoys exploring visual arts and technology. He's excited to help drive the energy and rhythm of this epic show... while doing his best not to ruin all the incredible work this talented cast has put into it.

RYAN PAQUETTE - BASS

"Holding down the low end. Irony unclear. Still waiting for the good advice."

SARAH CRAIG - KEYBOARD

On keyboard tonight is music instructor, recording artist, and jazz performer Sarah Craig. Apart from pit band with SPG, Sarah's performance projects include Sarah Craig Jazz Trio (Dardick and Begin), and 2 Violins Plus (Massotti and Schaak). Isn't it ironic: Alanis was top 40 in her highschool grunge era, just like all the genXers out there! Enjoy the music and SING ALONG! (Not!)



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